

Scottish Road 5K Championships - Silverknowes 1/5/2026

Pos	Race No	Name	Time	Chip Time	Category	Cat Pos	Gender	Gen Pos	Club
1	96	Kevin CAMPBELL	14:01	14:01	Sen	1	Male	1	Cambuslang H
2	382	Benjamin MACMILLAN	14:08	14:08	Sen	2	Male	2	Falkirk Victoria H
3	114	Sean CHALMERS	14:12	14:12	Sen	3	Male	3	Aberdeen AAC
4	609	Callum THARME	14:13	14:13	Sen	4	Male	4	Cambuslang H
5	4	James ALEXANDER	14:17	14:17	U20	1	Male	5	Garscube H
6	200	Robbie FERGUSON	14:20	14:20	Sen	5	Male	6	Kilbarchan AAC
7	485	Philip NEILSON	14:21	14:21	Sen	6	Male	7	Shettleston H
8	66	Daniel BRADFORD	14:31	14:30	Sen	7	Male	8	Shettleston H
9	615	Ryan THOMSON	14:32	14:31	Sen	8	Male	9	Cambuslang H
10	544	Kieran REILLY	14:35	14:35	Sen	9	Male	10	Central AC
11	178	Jonathon DOWNEY	14:36	14:36	Sen	10	Male	11	Kilmarnock H & AC
12	102	Aaron CARDNO	14:43	14:43	U20	2	Male	12	Edinburgh University H&H
13	29	Ben BAILLIE	14:43	14:43	U17	1	Male	13	East Kilbride AC
14	684	Angus WRIGHT	14:44	14:44	Sen	11	Male	14	Edinburgh University H&H
15	241	Glen GRIFFITHS	14:45	14:45	U20	3	Male	15	Glasgow University H&H
16	177	Rory DOWD	14:46	14:46	Sen	12	Male	16	Lochaber AC
17	656	Robbie WELSH	14:47	14:47	Sen	13	Male	17	Gala H
18	259	Jack HEATHWOOD	14:48	14:48	Sen	14	Male	18	Kilbarchan AAC
19	685	David WRIGHT	14:48	14:48	Sen	15	Male	19	Lothian RC
20	198	Freddie FEARN	14:49	14:48	Sen	16	Male	20	Edinburgh AC
21	594	Ruairidh STIRLING	14:50	14:49	U20	4	Male	21	Inverness H AAC
22	38	Julian BARRABLE	14:50	14:49	Sen	17	Male	22	Corstorphine AAC
23	170	Stuart DONNACHIE	14:51	14:50	Sen	18	Male	23	Cambuslang H
24	95	Alasdair CAMPBELL	14:51	14:51	Sen	19	Male	24	Bellahouston H
25	443	Andrew MCWILLIAM	14:51	14:51	U20	5	Male	25	Lasswade AC
26	380	Harrison MACMILLAN	14:52	14:51	U17	2	Male	26	Falkirk Victoria H
27	492	Israel NOBLE	14:52	14:52	U17	3	Male	27	Fraserburgh RC
28	24	James BADENOCH	14:52	14:52	Sen	20	Male	28	Corstorphine AAC
29	472	Rory MUIR	14:53	14:52	Sen	21	Male	29	Cambuslang H
30	139	Jordan CRUICKSHANK	14:54	14:52	Sen	22	Male	30	Metro Aberdeen RC
31	584	Fraser SMITH	14:54	14:53	Sen	23	Male	31	Corstorphine AAC
32	361	Seonaidh MACINNES	14:54	14:54	Sen	24	Male	32	Glasgow University H&H
33	127	Jamie CONNOR	14:55	14:55	U20	6	Male	33	Giffnock North AC
34	196	Luca FANOTTOLI	14:55	14:55	Sen	25	Male	34	Central AC
35	554	Lewis RODDIS	14:57	14:56	Sen	26	Male	35	Cambuslang H
36	236	Adam GRAY	14:58	14:57	V40	1	Male	36	Penicuik H
37	161	Calum DICK	14:58	14:58	U17	4	Male	37	Giffnock North AC
38	145	Dermot CUMMINS	14:59	14:58	V40	2	Male	38	Corstorphine AAC
39	604	Carter TAYLOR	14:59	14:59	Sen	27	Male	39	Fife AC
40	75	Ewan BROWN	15:03	15:03	Sen	28	Male	40	Corstorphine AAC
41	683	Blayne WRIGHT	15:07	15:06	Sen	29	Male	41	Corstorphine AAC
42	50	Nick BENNETT	15:09	15:07	Sen	30	Male	42	Dundee RR
43	626	Rory TREHARNE	15:10	15:10	U20	7	Male	43	Garscube H
44	421	Harry MCGILL	15:12	15:12	Sen	31	Male	44	Edinburgh University H&H
45	347	Stuart LIVINGSTONE	15:13	15:12	V40	3	Male	45	Corstorphine AAC
46	201	Sam FERNANDO	15:13	15:13	Sen	32	Male	46	Fife AC
47	431	Calum MCKENZIE	15:13	15:13	Sen	33	Male	47	Corstorphine AAC
48	339	Jamie LESSELS	15:14	15:13	Sen	34	Male	48	Fife AC
49	151	Archie DALGLIESH	15:14	15:14	U17	5	Male	49	Gala H
50	212	Angus FRASER-MOODIE	15:16	15:16	U17	6	Male	50	Springburn H
51	543	Colin REILLY	15:17	15:16	V40	4	Male	51	Cambuslang H
52	323	Jack KIRWAN	15:17	15:16	Sen	35	Male	52	East Kilbride AC
53	28	Grant BAILLIE	15:18	15:18	V40	5	Male	53	East Kilbride AC
54	379	Cameron MACMILLAN	15:19	15:19	Sen	36	Male	54	Aberdeen AAC
55	10	Luca ANDERSON	15:19	15:19	U15	1	Male	55	Ansters Haddies RC
56	333	Nathan LAWSON	15:19	15:19	U17	7	Male	56	Aberdeen AAC
57	555	Euan ROSE	15:20	15:20	Sen	37	Male	57	East Kilbride AC
58	324	Pierre-Yves KOENIG	15:21	15:21	Sen	38	Male	58	Edinburgh AC
59	599	Daniel SUTHERLAND	15:21	15:21	Sen	39	Male	59	Central AC
60	286	Aaron HOYLE	15:23	15:22	Sen	40	Male	60	Corstorphine AAC
61	527	Tom PORTER	15:25	15:24	Sen	41	Male	61	Shettleston H
62	578	Robert SIMPSON	15:25	15:24	V40	6	Male	62	Edinburgh AC
63	459	Stuart MITCHELL	15:25	15:25	Sen	42	Male	63	Law & District AAC
64	176	Ewan DOWD	15:27	15:27	U20	8	Male	64	Edinburgh University H&H
65	180	Matthew DRUMMOND	15:27	15:26	Sen	43	Male	65	Dundee Hawkhill H
66	410	Scott MCCLUNG	15:28	15:27	Sen	44	Male	66	Fife AC
67	103	Andrew CAREY	15:31	15:30	Sen	45	Male	67	Cambuslang H
68	415	Luke MCDOWELL	15:31	15:30	U20	9	Male	68	Glasgow University H&H
69	439	Luke MCNEIL	15:32	15:32	Sen	46	Male	69	PH Racing Club

70	458	Ewan MITCHELL	15:32	15:31	U20	10	Male	70	Harmeny AC
71	128	Euan CONVERY	15:33	15:32	Sen	47	Male	71	Garscube H
72	363	Matthew MACIOCIA	15:34	15:33	V40	7	Male	72	Metro Aberdeen RC
73	257	Oliver HASTIE	15:35	15:34	U17	8	Male	73	Gala H
74	210	Elliot FRAME	15:35	15:34	Sen	48	Male	74	Glasgow University H&H
75	262	Jonathan HENDERSON	15:35	15:34	V40	8	Male	75	Edinburgh AC
76	413	Noah MCDERMOTT	15:35	15:34	Sen	49	Male	76	Glasgow University H&H
77	254	Aidan HARRIS	15:36	15:35	Sen	50	Male	77	Glasgow University Tri Club
78	245	Alistair GUDGIN	15:36	15:35	Sen	51	Male	78	Fife AC
79	553	Thomas ROBERTSON	15:37	15:36	U20	11	Male	79	Fife AC
80	575	Grant SHELDON	15:37	15:37	Sen	52	Male	80	Cambuslang H
81	653	David WEBSTER	15:37	15:35	Sen	53	Male	81	Dundee RR
82	536	Cameron RANKINE	15:42	15:40	U20	12	Male	82	Gala H
83	154	Seb DARLOW	15:44	15:43	U17	9	Male	83	Gala H
84	334	Euan LEE	15:46	15:45	Sen	54	Male	84	
85	572	Finlay SHARP	15:46	15:44	U15	2	Male	85	Livingston & District AC
86	512	Martyn PATERSON	15:47	15:45	Sen	55	Male	86	
87	442	Iain MCWHINNIE	15:47	15:46	Sen	56	Male	87	Fife AC
88	635	Ruan VAN RENSBURG	15:48	15:48	Sen	57	Male	88	Fife AC
89	471	Jonas MUELLER	15:48	15:47	Sen	58	Male	89	Roadrunners Strathbadan
90	537	Finlay RAYNOR	15:48	15:47	Sen	59	Male	90	Glasgow University H&H
91	660	Iain WHITAKER	15:49	15:48	V40	9	Male	91	Edinburgh AC
92	546	Neil RENAULT	15:49	15:49	V40	10	Male	92	Lothian RC
93	68	Mickey BREEN	15:49	15:49	V40	11	Male	93	Corstorphine AAC
94	20	Euan ANDREWS	15:49	15:49	Sen	60	Male	94	Central AC
95	350	Hugh LONERGAN	15:49	15:48	U20	13	Male	95	Glasgow University H&H
96	90	Max CALLENDER- GALBRAITH	15:50	15:50	U17	10	Male	96	Fife AC
97	495	Matthew O'BRIEN	15:51	15:48	Sen	61	Male	97	Bellahouston H
98	463	Matthew MONACHELLO	15:51	15:49	U20	14	Male	98	Kilmarnock H & AC
99	657	Irvine WELSH	15:52	15:50	U20	15	Male	99	Gala H
100	77	Andrew BROWN	15:52	15:50	Sen	62	Male	100	Linlithgow AC
101	364	Alex MACKENZIE	15:53	15:50	Sen	63	Male	101	Edinburgh University H&H
102	400	Callum MATTHEWS	15:53	15:52	Sen	64	Male	102	Cambuslang H
103	427	Mark MCKELVIE	15:53	15:52	Sen	65	Male	103	Shettleston H
104	337	John LENEHAN	15:53	15:53	V40	12	Male	104	Edinburgh AC
105	437	Paul MCNAIRN	15:54	15:52	V40	13	Male	105	Bellahouston RR
106	209	Ewan FOUBISTER	15:54	15:52	U20	16	Male	106	Edinburgh University H&H
107	502	Louis OHARE	15:54	15:52	Sen	66	Male	107	Cumbernauld AAC
108	147	Tom CUNNINGHAM	15:54	15:52	Sen	67	Male	108	Corstorphine AAC
109	645	Greg WALKER	15:55	15:51	V40	14	Male	109	Teviotdale H
110	214	Jack FULLERTON	15:56	15:53	Sen	68	Male	110	Corstorphine AAC
111	23	Ali ARMSTRONG	15:56	15:53	Sen	69	Male	111	Corstorphine AAC
112	302	Stuart JOHNSTON	15:56	15:55	V40	15	Male	112	Edinburgh AC
113	336	Samuel LEITCH	15:56	15:56	Sen	70	Male	113	Edinburgh AC
114	627	Stefanie TUCKER	15:57	15:55	Sen	1	Female	1	Cambuslang H
115	661	James WIGGINS	15:57	15:56	Sen	71	Male	114	Corstorphine AAC
116	643	Sean WALKER	16:00	15:58	Sen	72	Male	115	Pitreevie AAC
117	121	William CLAYTON	16:00	15:58	U20	17	Male	116	Edinburgh AC
118	290	Iain HUTCHINSON	16:00	15:58	V40	16	Male	117	Corstorphine AAC
119	484	Allan NEILL	16:01	16:00	Sen	73	Male	118	Shettleston H
120	21	Simon ARCHER	16:01	15:58	Sen	74	Male	119	Corstorphine AAC
121	587	Connor SMITH	16:02	16:00	Sen	75	Male	120	West End RR
122	150	Marcus D'AGROSA	16:03	16:00	Sen	76	Male	121	Gala H
123	319	Ben KINNINMONTH	16:03	16:02	Sen	77	Male	122	Fife AC
124	360	William MACGLASHAN	16:04	16:02	Sen	78	Male	123	Glasgow University H&H
125	281	Jack HONEYMAN	16:04	16:03	Sen	79	Male	124	Central AC
126	665	Angus WILKINSON	16:05	16:03	U17	11	Male	125	East Kilbride AC
127	648	Owen WALPOLE	16:05	16:04	Sen	80	Male	126	Kilmarnock H & AC
128	49	Aaron BENNET	16:06	16:04	Sen	81	Male	127	PH Racing Club
129	119	Harry CLARK	16:08	16:05	Sen	82	Male	128	Glasgow University H&H
130	518	Joseph PERKINS	16:08	16:06	Sen	83	Male	129	Corstorphine AAC
131	677	Josh WOOD	16:10	16:09	Sen	84	Male	130	Central AC
132	450	Mario Rui MENIER POVOA	16:12	16:10	V40	17	Male	131	Central AC
133	659	Grace WHELAN	16:12	16:09	Sen	2	Female	2	Central AC
134	22	Fraser ARMSTRONG	16:13	16:12	Sen	85	Male	132	Bellahouston H
135	676	Nicholas WOLVERSON	16:14	16:10	V40	18	Male	133	Edinburgh AC
136	680	Samuel WOODS	16:14	16:12	Sen	86	Male	134	Lothian RC
137	314	Stuart KERR	16:15	16:12	Sen	87	Male	135	Kilbarchan AAC
138	558	Katie ROURKE	16:16	16:13	Sen	3	Female	3	Gala H
139	355	Daniel LYNCH	16:19	16:16	Sen	88	Male	136	Edinburgh AC
140	301	Oscar JOHNSON	16:20	16:16	U20	18	Male	137	Glasgow University H&H

141	516	Gerard PELEGRI	16:20	16:19	Sen	89	Male	138	Shettleston H
142	640	Kirsty WALKER	16:21	16:19	Sen	4	Female	4	Edinburgh AC
143	619	Kyle THOMSON	16:23	16:20	U20	19	Male	139	
144	118	Allan CHRISTIE	16:23	16:19	V40	19	Male	140	Metro Aberdeen RC
145	316	Lewis KHAN	16:23	16:20	Sen	90	Male	141	Greenock Glenpark H
146	636	Yulian VASILEV	16:25	16:21	Sen	91	Male	142	Fife AC
147	255	Adam HART	16:25	16:22	Sen	92	Male	143	Dundee RR
148	520	Jamie PHILIP	16:25	16:22	V40	20	Male	144	Sevenoaks AC
149	591	Cody STEVENSON	16:26	16:22	Sen	93	Male	145	Linlithgow AC
150	321	Ryan KIRKLAND	16:27	16:21	Sen	94	Male	146	Lothian RC
151	507	Jake PAGE	16:28	16:24	U17	12	Male	147	Lasswade AC
152	216	Thomas GAMBINO	16:29	16:25	Sen	95	Male	148	Fife AC
153	14	Moray ANDERSON	16:29	16:27	V50	1	Male	149	Corstorphine AAC
154	61	Finn BOYLAN	16:29	16:26	Sen	96	Male	150	Glasgow University H&H
155	568	Kenneth SCOTT	16:30	16:27	Sen	97	Male	151	East Kilbride AC
156	122	Lewis CLELAND	16:30	16:28	Sen	98	Male	152	Law & District AAC
157	359	Marcas MACFARLANE	16:30	16:26	U20	20	Male	153	Fife AC
158	211	Amy FRANKLAND	16:30	16:27	Sen	5	Female	5	Lasswade AC
159	43	Mark BEAGRIE	16:31	16:27	V40	21	Male	154	Peterhead AC
160	342	Sean LINTON	16:32	16:28	Sen	99	Male	155	Teviotdale H
161	265	Brian HESLOP	16:32	16:30	U17	13	Male	156	East Kilbride AC
162	143	Isla CUBITT	16:33	16:30	Sen	6	Female	6	Edinburgh AC
163	372	Ruairidh MACLEAN	16:34	16:30	V40	22	Male	157	Giffnock North AC
164	353	Miguel LUNA-SANCHEZ	16:34	16:33	Sen	100	Male	158	
165	215	Mark GALLACHER	16:35	16:33	V50	2	Male	159	Cambuslang H
166	631	Ethan TYLER	16:36	16:32	U17	14	Male	160	Garscube H
167	510	Kai PATEL	16:36	16:33	U20	21	Male	161	Edinburgh University H&H
168	80	Will BROWN	16:36	16:33	Sen	101	Male	162	
169	40	Adam BARRIE	16:36	16:32	U20	22	Male	163	Edinburgh University H&H
170	217	Kenny GARDEN	16:37	16:34	V40	23	Male	164	Metro Aberdeen RC
171	396	Scott MASON	16:39	16:37	V40	24	Male	165	Bellahouston H
172	72	Brent BRODIE	16:41	16:38	V50	3	Male	166	Bellahouston H
173	340	David LIDSTONE	16:42	16:37	U20	23	Male	167	
174	63	Nick BOYLE	16:42	16:39	Sen	102	Male	168	Giffnock North AC
175	47	Mark BELL	16:42	16:38	V40	25	Male	169	Dundee RR
176	238	Jamie GREIG	16:45	16:43	Sen	103	Male	170	Fife AC
177	274	Ian HODGE	16:46	16:43	V40	26	Male	171	Cambuslang H
178	593	Clare STEWART	16:47	16:44	Sen	7	Female	7	Shettleston H
179	300	Gareth JENKINS	16:48	16:44	V50	4	Male	172	Moray RR
180	158	Dan DE LUCA	16:48	16:43	Sen	104	Male	173	Glasgow University H&H
181	39	Virginie BARRAND	16:50	16:45	Sen	8	Female	8	
182	562	Andrew SAN	16:51	16:46	Sen	105	Male	174	Glasgow University Tri Club
183	320	Andrew KIRK	16:52	16:50	Sen	106	Male	175	Kirkintilloch Olympians
184	317	Paul KIERAN	16:53	16:49	V50	5	Male	176	PH Racing Club
185	256	Grant HASSAN	16:53	16:49	Sen	107	Male	177	Inverness H AAC
186	153	Simon DALTON CELIS	16:54	16:50	Sen	108	Male	178	Glasgow University H&H
187	86	Callum BUTTERWORTH	16:56	16:54	Sen	109	Male	179	Shettleston H
188	662	Malcolm WILDGOOSE	16:56	16:52	Sen	110	Male	180	Edinburgh Running Network
189	85	Joe BUTLER	16:56	16:53	U17	15	Male	181	Garscube H
190	563	Merce SANCHEZ OLLER	16:57	16:52	Sen	9	Female	9	Edinburgh AC
191	82	Iain BURNS	16:57	16:55	V40	27	Male	182	Shettleston H
192	202	Tom FERRINGTON	16:57	16:55	V40	28	Male	183	Corstorphine AAC
193	444	Owen MCWILLIAMS	16:58	16:54	Sen	111	Male	184	Irvine RC
194	277	Miles HOLLINSHEAD	16:58	16:55	Sen	112	Male	185	Giffnock North AC
195	625	Niall TREARTY	16:58	16:51	Sen	113	Male	186	Edinburgh AC
196	283	Charlie HOSKINS	16:58	16:52	Sen	114	Male	187	Edinburgh AC
197	328	Malcolm LANG	16:59	16:55	V40	29	Male	188	Corstorphine AAC
198	641	Matthew WALKER	16:59	16:54	Sen	115	Male	189	Dundee University AC&XC
199	371	Oscar MACLEAN	17:00	16:53	Sen	116	Male	190	Edinburgh University TC
200	383	Craig MACNAMARA	17:00	16:55	Sen	117	Male	191	Metro Aberdeen RC
201	686	James WRIGHT	17:01	16:55	Sen	118	Male	192	Lothian RC
202	93	Harris CAMERON	17:01	16:55	U17	16	Male	193	Lothian RC
203	664	Mark WILKINS	17:01	16:56	V40	30	Male	194	Metro Aberdeen RC
204	589	Callum STEPHEN	17:02	16:55	Sen	119	Male	195	Edinburgh AC
205	263	Flora HENRY	17:03	16:58	Sen	10	Female	10	Glasgow University H&H
206	670	Fraser WILLIAMS	17:05	17:01	Sen	120	Male	196	Kilbarchan AAC
207	606	Jordan TAYLOR	17:05	17:00	Sen	121	Male	197	Metro Aberdeen RC
208	329	Rankin LASCELLES	17:06	17:01	V40	31	Male	198	Metro Aberdeen RC
209	693	Sze Lok MAN	17:06	17:03	Sen	122	Male	199	Edinburgh AC
210	574	Lee SHAW	17:08	17:05	Sen	123	Male	200	Bellahouston H
211	131	Hannah COX	17:08	17:04	Sen	11	Female	11	Edinburgh AC
212	34	Glenn BARCLAY	17:08	17:05	Sen	124	Male	201	Fife AC

213	551	Terry ROBERTS	17:08	17:03	V40	32	Male	202	Edinburgh AC
214	603	Josh TAYLOR	17:10	17:04	Sen	125	Male	203	Edinburgh AC
215	42	Zoe BATES	17:11	17:07	Sen	12	Female	12	Aberdeen AAC
216	83	Charlotte-Rose BURTON	17:12	17:07	U20	1	Female	13	Edinburgh University H&H
217	681	Gregory WOODWARD	17:12	17:07	Sen	126	Male	204	Glasgow University H&H
218	478	Grant MURRAY	17:12	17:08	Sen	127	Male	205	
219	53	Will BERESFORD	17:13	17:09	Sen	128	Male	206	Westerlands CCC
220	152	Charlie DALGLIESH	17:13	17:09	U17	17	Male	207	Gala H
221	55	Blair BEVERLEY	17:13	17:11	U17	18	Male	208	Law & District AAC
222	387	Alex MANLEY	17:13	17:08	Sen	129	Male	209	Shettleston H
223	401	Andrew MAWER	17:14	17:09	V40	33	Male	210	Central AC
224	223	Cat GILLEN	17:15	17:11	Sen	13	Female	14	Springburn H
225	447	Richard MEADE	17:15	17:11	V40	34	Male	211	Edinburgh AC
226	227	Josie Wren GOLDER	17:16	17:13	Sen	14	Female	15	Stirling University AC
227	171	Shane DONNELLAN	17:17	17:10	Sen	130	Male	212	Edinburgh AC
228	579	Calum SINCLAIR	17:17	17:12	Sen	131	Male	213	Metro Aberdeen RC
229	120	Roger CLARK	17:19	17:16	V50	6	Male	214	PH Racing Club
230	266	Toby HESSION	17:19	17:13	Sen	132	Male	215	Shettleston H
231	357	Matt MACDONALD	17:20	17:13	V40	35	Male	216	Garscube H
232	559	Dino ROUSSIAS	17:20	17:14	V50	7	Male	217	Metro Aberdeen RC
233	261	Tim HELY	17:21	17:20	V50	8	Male	218	Edinburgh AC
234	414	Sandy MCDUGALL	17:21	17:17	V40	1	Female	16	Dundee Hawkhill H
235	115	Kieran CHALMERS	17:22	17:18	Sen	133	Male	219	Inverness H AAC
236	666	Niall WILKINSON	17:22	17:14	Sen	134	Male	220	Edinburgh AC
237	621	Euan THORPE	17:22	17:17	U17	19	Male	221	East Kilbride AC
238	405	Jamie MCALDINE	17:22	17:15	Sen	135	Male	222	Falkirk Victoria H
239	532	Gordon PRYDE	17:23	17:17	V40	36	Male	223	Edinburgh AC
240	526	John POOLE	17:23	17:17	U20	24	Male	224	Glasgow University H&H
241	106	Aoife CARR	17:24	17:21	Sen	15	Female	17	Shettleston H
242	199	Calum FERGUSON	17:24	17:20	Sen	136	Male	225	Bellahouston H
243	135	Jamie CRAWFORD	17:25	17:20	V40	37	Male	226	Edinburgh AC
244	513	Alicia PATON	17:25	17:22	Sen	16	Female	18	Cumbernauld AAC
245	620	Mark THORNTON-SMITH	17:26	17:22	V40	38	Male	227	Edinburgh AC
246	249	Kevin HAMILTON	17:27	17:22	V40	39	Male	228	Edinburgh AC
247	242	Leo GRILLI	17:27	17:25	U17	20	Male	229	Team East Lothian AC
248	386	Mattia MANCINELLI	17:28	17:21	Sen	137	Male	230	Garscube H
249	87	Steve CAIRNS	17:28	17:26	V50	9	Male	231	Hunters Bog Trotters
250	424	Wayne MCINTOSH	17:29	17:22	V50	10	Male	232	Gala H
251	35	Angus BARCLAY	17:29	17:23	U15	3	Male	233	Garscube H
252	7	Stephen ALLAN	17:30	17:28	V50	11	Male	234	Cumbernauld AAC
253	633	Chris UPSON	17:31	17:29	V60	1	Male	235	Cambuslang H
254	149	Elspeth CURRAN	17:31	17:27	Sen	17	Female	19	Kilbarchan AAC
255	5	Mark ALEXANDER	17:31	17:25	V40	40	Male	236	Kilmarnock H & AC
256	687	Matthew WRIGHT	17:32	17:28	U17	21	Male	237	Springburn H
257	346	Darian LIU	17:32	17:27	Sen	138	Male	238	Glasgow University H&H
258	125	Maxwell CONNOLLY	17:33	17:27	U15	4	Male	239	Garscube H
259	477	Iain MURRAY	17:33	17:27	V40	41	Male	240	Linlithgow AC
260	182	Dominic DU BOULAY	17:33	17:27	Sen	139	Male	241	Edinburgh University TC
261	682	Tuscany WRIGHT	17:34	17:29	U20	2	Female	20	Central AC
262	608	Cameron TERRY	17:34	17:27	U20	1	Non-binary	1	
263	8	Finn ALLAN	17:36	17:32	Sen	140	Male	242	Shettleston H
264	156	Matthew DAVIES	17:39	17:33	Sen	141	Male	243	Edinburgh AC
265	630	Elliott TYLER	17:40	17:34	U15	5	Male	244	Garscube H
266	441	Dale MCSHERRY	17:41	17:35	Sen	142	Male	245	
267	70	Ed BRINKMAN	17:41	17:35	V40	42	Male	246	Edinburgh AC
268	605	Michael TAYLOR	17:42	17:35	Sen	143	Male	247	Hunters Bog Trotters
269	51	Ewan BENNETT	17:42	17:37	Sen	144	Male	248	Edinburgh University H&H
270	448	Stuart MEIKLEJOHN	17:43	17:41	V40	43	Male	249	PH Racing Club
271	436	Yvonne MCNAIRN	17:43	17:40	V40	2	Female	21	Giffnock North AC
272	465	George MONCRIEFF	17:44	17:37	Sen	145	Male	250	
273	365	Grant MACKENZIE	17:44	17:42	Sen	146	Male	251	Law & District AAC
274	203	Ruairi FERRIS	17:45	17:39	Sen	147	Male	252	Kirkintilloch Olympians
275	408	Jamie MCCASKELL	17:46	17:41	Sen	148	Male	253	East Kilbride AC
276	9	Kevin AMOS	17:46	17:41	Sen	149	Male	254	Central AC
277	671	Owen WILLIAMS	17:49	17:43	Sen	150	Male	255	Lothian RC
278	160	James DENNISON	17:49	17:45	V50	12	Male	256	Gala H
279	571	Barney SHARIFI	17:50	17:44	Sen	151	Male	257	Glasgow University H&H
280	658	Jennifer WETTON	17:50	17:46	Sen	18	Female	22	Central AC
281	391	Euan MARSHALL	17:52	17:45	Sen	152	Male	258	Edinburgh AC
282	614	Charles THOMSON	17:52	17:45	V60	2	Male	259	Cambuslang H
283	454	Maya MILLAR	17:53	17:45	Sen	19	Female	23	Edinburgh University H&H

284	617	Aaron THOMSON	17:53	17:49	U20	25	Male	260	East Kilbride AC
285	565	Michelle SANDISON	17:53	17:48	V40	3	Female	24	Springburn H
286	173	Martha DOUGLAS	17:54	17:50	Sen	20	Female	25	Gala H
287	251	Bethan HARDMAN	17:55	17:48	U20	3	Female	26	Glasgow University H&H
288	481	Abhinav NAGA	17:55	17:47	Sen	153	Male	261	Edinburgh AC
289	497	Richard O'GRADY	17:56	17:54	V40	44	Male	262	Helensburgh AAC
290	112	Rachel CAVES	17:56	17:53	U17	1	Female	27	Harmeny AC
291	470	Stuart MOUNCE	17:56	17:47	V40	45	Male	263	Hunters Bog Trotters
292	258	Martin HAWKSEY	17:57	17:49	V40	46	Male	264	Linlithgow AC
293	220	Nicola GAULD	17:58	17:51	V40	4	Female	28	Metro Aberdeen RC
294	419	Iain MCFARLANE	17:58	17:50	V40	47	Male	265	Garscube H
295	556	Heidi ROSS	17:59	17:51	Sen	21	Female	29	Carnethy HRC
296	37	Sophie BARKER	17:59	17:52	Sen	22	Female	30	
297	428	Charlotte MCKENNA	17:59	17:53	Sen	23	Female	31	Shettleston H
298	647	Sam WALLACE	17:59	17:54	Sen	154	Male	266	Metro Aberdeen RC
299	669	Jo WILLIAMS	18:00	17:54	Sen	24	Female	32	Lothian RC
300	629	Imogen TURNER	18:00	17:53	U15	1	Female	33	Musselburgh and District AC
301	525	Calum POLLAND	18:00	17:54	Sen	155	Male	267	
302	425	John MCINTYRE SNR	18:00	17:54	V50	13	Male	268	Fife AC
303	19	David ANDREW	18:02	17:55	Sen	156	Male	269	Edinburgh AC
304	530	Andrew PRENTICE	18:03	17:58	Sen	157	Male	270	Motherwell AC
305	11	Jamie ANDERSON	18:04	17:58	Sen	158	Male	271	Ansters Haddies RC
306	456	Struan MILNE	18:05	17:58	U17	22	Male	272	Lasswade AC
307	335	Thomas LEEMAN	18:07	18:00	Sen	159	Male	273	Edinburgh AC
308	64	Andrew BOYLE	18:08	18:00	Sen	160	Male	274	
309	581	Ellyn SMITH	18:08	18:03	Sen	25	Female	34	Central AC
310	480	Lucy NAGA	18:08	18:01	Sen	26	Female	35	Edinburgh AC
311	352	Kristin LOWNIE	18:08	17:59	V40	5	Female	36	PH Racing Club
312	312	Liam KEMP	18:10	18:05	V50	14	Male	275	Gala H
313	46	Steve BEDWELL	18:11	18:03	V40	48	Male	276	Edinburgh AC
314	432	John G MCLAUGHLIN	18:18	18:09	V50	15	Male	277	Garscube H
315	488	Kevin NEWBERRY	18:19	18:12	V50	16	Male	278	Cambuslang H
316	688	Margot WYRWOLL	18:21	18:13	Sen	27	Female	37	Edinburgh AC
317	468	David MORRISON	18:22	18:16	V40	49	Male	279	Metro Aberdeen RC
318	649	Natalie WANGLER	18:23	18:17	Sen	28	Female	38	Roadrunners Strathbadan
319	138	David CROSS	18:23	18:18	V60	3	Male	280	Edinburgh AC
320	140	Ailsa CRUICKSHANKS	18:23	18:14	Sen	29	Female	39	Fife AC
321	501	John OCKENDEN	18:24	18:16	Sen	161	Male	281	Hunters Bog Trotters
322	101	Thomas CAMPBELL	18:24	18:18	Sen	162	Male	282	
323	398	Grant MATHESON	18:25	18:17	V60	4	Male	283	Falkirk Victoria H
324	462	Janani MOHAN	18:25	18:16	Sen	30	Female	40	Edinburgh AC
325	402	Kirstin MAXWELL	18:25	18:19	Sen	31	Female	41	Corstorphine AAC
326	692	Ella YOUNGS	18:26	18:18	U20	4	Female	42	Giffnock North AC
327	623	Jessica TOVEY	18:26	18:20	Sen	32	Female	43	Corstorphine AAC
328	473	Gabriel MURPHY	18:26	18:16	U20	26	Male	284	Cambuslang H
329	385	Nikhil MAIR	18:27	18:19	Sen	163	Male	285	Edinburgh AC
330	165	Tony DISLEY	18:28	18:23	V50	17	Male	286	Central AC
331	691	Iain YOUNG	18:28	18:17	V40	50	Male	287	
332	445	Mirabelle MEADE	18:29	18:25	U17	2	Female	44	Pitreevie AAC
333	169	Lauren DONEY	18:30	18:22	U20	5	Female	45	
334	610	Dave THOM	18:30	18:27	V60	5	Male	288	Cambuslang H
335	94	Iain CAMERON	18:31	18:23	V40	51	Male	289	Lothian RC
336	541	James REID	18:31	18:24	Sen	164	Male	290	Garscube H
337	136	Emma CREASEY	18:31	18:22	Sen	33	Female	46	Giffnock North AC
338	17	Robbie ANDERSON	18:32	18:26	Sen	165	Male	291	Team East Lothian AC
339	187	Elaine EADIE	18:32	18:23	Sen	34	Female	47	Edinburgh AC
340	322	Luke KIRWAN	18:32	18:27	Sen	166	Male	292	East Kilbride AC
341	30	Lorna BAIRD	18:33	18:28	Sen	35	Female	48	Kilmarnock H & AC
342	422	Ailie MCGOWAN-BOLTON	18:33	18:27	Sen	36	Female	49	Edinburgh AC
343	326	Mykola KULAKOV	18:34	18:25	V40	52	Male	293	Garscube H
344	78	Matthew BROWN	18:34	18:27	Sen	167	Male	294	Metro Aberdeen RC
345	395	Avril MASON	18:35	18:31	V50	1	Female	50	Shettleston H
346	438	Ross MCNAUGHT	18:36	18:26	Sen	168	Male	295	Kilmarnock H & AC
347	644	Alastair WALKER	18:36	18:28	V60	6	Male	296	Teviotdale H
348	235	Ryan GRAY	18:37	18:31	Sen	169	Male	297	Fife AC
349	185	Pete DYER	18:39	18:31	Sen	170	Male	298	Edinburgh AC
350	248	Daniel HALE	18:40	18:32	Sen	171	Male	299	Fife AC
351	295	Adam IRVING	18:40	18:29	Sen	172	Male	300	Harmeny AC
352	270	Ross HILL	18:40	18:36	Sen	173	Male	301	Law & District AAC
353	268	Sinclair HILL	18:41	18:35	V50	18	Male	302	Gala H
354	374	Jessica MACLEOD	18:41	18:36	Sen	37	Female	51	Corstorphine AAC
355	226	Kristina GLYNN	18:42	18:39	Sen	38	Female	52	Bellahouston H

356	566	Calum SCOTT	18:43	18:37	Sen	174	Male	303	Cumbernauld AAC
357	440	Alison MCNEILLY	18:44	18:37	V40	6	Female	53	Dundee RR
358	148	Tyler CURLEY	18:45	18:36	Sen	39	Female	54	Harmeny AC
359	345	Mairi LITTLESON	18:46	18:38	Sen	40	Female	55	Dundee RR
360	299	Scott JENKINS	18:46	18:31	Sen	175	Male	304	Corstorphine AAC
361	573	Lily SHAW	18:49	18:41	Sen	41	Female	56	
362	580	Paul SLIFER	18:50	18:41	V50	19	Male	305	Musselburgh & District AC
363	399	Alex MATTHEW	18:50	18:41	Sen	176	Male	306	Bowland Fell Runners
364	276	Richard HOLLAND	18:52	18:44	V60	7	Male	307	Metro Aberdeen RC
365	155	Barry DAVIE	18:53	18:44	V50	20	Male	308	Carnegie H
366	228	Amy GOUGH	18:54	18:47	Sen	42	Female	57	Central AC
367	634	Rhona VAN RENSBURG	18:55	18:51	V50	2	Female	58	Fife AC
368	289	Callum HUSBAND	18:55	18:47	U20	27	Male	309	Glasgow University H&H
369	146	Amber CUNNINGHAM	18:56	18:52	U17	3	Female	59	Harmeny AC
370	397	Fiona MATHESON	18:58	18:52	V60	1	Female	60	Falkirk Victoria H
371	675	Lee WILSON	18:59	18:50	Sen	177	Male	310	
372	434	Lucy MCLEOD	18:59	18:52	Sen	43	Female	61	Metro Aberdeen RC
373	496	Lynsey O'CONNOR	19:00	18:50	V40	7	Female	62	Kilmarnock H & AC
374	394	Gary MARTIN	19:01	18:51	V40	53	Male	311	Kilmarnock H & AC
375	58	Maisie BLAIR	19:01	18:53	Sen	44	Female	63	Garscube H
376	489	Graeme NICHOLSON	19:03	18:55	V50	21	Male	312	Musselburgh & District AC
377	175	Stuart DOUGLAS	19:03	18:53	V40	54	Male	313	Falkirk Victoria H
378	297	Dom JAMES	19:04	18:57	Sen	178	Male	314	
379	16	David ANDERSON	19:05	18:55	V50	22	Male	315	Kilmarnock H & AC
380	105	Arianna CARMICHAEL	19:05	18:59	U20	6	Female	64	Victoria Park City of Glasgow
381	601	Philip SWEENEY	19:06	18:57	V40	55	Male	316	Central AC
382	420	Ruby MCGILL	19:09	19:01	Sen	45	Female	65	Glasgow University H&H
383	552	Heidi ROBERTSHAW	19:10	19:02	Sen	46	Female	66	Edinburgh University H&H
384	159	Ruth DE VILLIERS	19:10	19:00	U20	7	Female	67	Glasgow University H&H
385	163	Eilidh DICKERSON	19:11	19:00	Sen	47	Female	68	
386	231	Peter GRAHAM	19:11	19:01	V40	56	Male	317	Edinburgh AC
387	194	Jacqueline ETHERINGTON	19:13	19:03	V40	8	Female	69	Cambuslang H
388	491	Ross NOBLE	19:13	19:05	Sen	179	Male	318	Cambuslang H
389	225	Pete GILPIN	19:14	19:05	V40	57	Male	319	Cambuslang H
390	547	Emily RENFREW	19:14	19:11	Sen	48	Female	70	Bellahouston H
391	306	Catriona KANE	19:15	19:08	U20	8	Female	71	Edinburgh University H&H
392	412	Colin MCCREADIE	19:19	19:13	V40	58	Male	320	Central AC
393	204	Christopher FIFE	19:19	19:10	Sen	180	Male	321	Corstorphine AAC
394	26	Pamela BAILLIE	19:20	19:15	V50	3	Female	72	Gala H
395	341	Michael LINDSAY	19:20	19:10	V40	59	Male	322	PH Racing Club
396	84	Martin BUTCHER	19:21	19:12	V40	60	Male	323	PH Racing Club
397	32	Eilidh BALLANTYNE	19:22	19:15	Sen	49	Female	73	Stirling University AC
398	451	Julie MENZIES	19:22	19:13	V50	4	Female	74	PH Racing Club
399	460	Graham MOAR	19:22	19:15	V50	23	Male	324	Metro Aberdeen RC
400	673	Eilidh WILSON	19:23	19:17	U17	4	Female	75	Garscube H
401	186	Fiona EADES	19:24	19:12	Sen	50	Female	76	Hunters Bog Trotters
402	190	Scott ELLIOTT	19:25	19:16	V60	8	Male	325	Kirkintilloch Olympians
403	561	Scarlett ROY	19:25	19:18	U20	9	Female	77	Central AC
404	73	Leah BROWN	19:28	19:20	U20	10	Female	78	Central AC
405	358	Simon MACDONALD	19:29	19:18	V60	9	Male	326	Moray RR
406	509	Colin PARTRIDGE	19:29	19:22	V40	61	Male	327	Lothian RC
407	404	Daniel MAY	19:30	19:20	Sen	181	Male	328	
408	446	Maisey MEADE	19:30	19:25	U17	5	Female	79	Pitreavie AAC
409	218	Sandy GARDNER	19:32	19:25	V50	24	Male	329	Victoria Park City of Glasgow
410	354	Poppy LUNN	19:35	19:30	U20	11	Female	80	Gala H
411	89	Esmé CALLANDER	19:36	19:27	Sen	51	Female	81	Corstorphine AAC
412	25	Kelly BAILLIE	19:38	19:28	V40	9	Female	82	East Kilbride AC
413	362	Reuben MACINTYRE	19:38	19:30	Sen	182	Male	330	Glasgow University H&H
414	269	Bobby HILL	19:38	19:28	Sen	183	Male	331	Law & District AAC
415	613	Abby THOMSON	19:38	19:28	Sen	52	Female	83	Edinburgh AC
416	62	Elaine BOYLE	19:38	19:29	V40	10	Female	84	Law & District AAC
417	292	Stephen INGLEDEW	19:43	19:35	V60	10	Male	332	Edinburgh AC
418	239	Katie GRIEVE	19:45	19:36	Sen	53	Female	85	Glasgow University H&H
419	116	Andrew CHAPMAN	19:46	19:36	V50	25	Male	333	East Kilbride AC
420	74	Lucy BROWN	19:46	19:38	U20	12	Female	86	Glasgow University H&H
421	618	Jonny THOMSON	19:47	19:38	V50	26	Male	334	Lothian RC
422	305	Marie KANE	19:48	19:41	Sen	54	Female	87	Cambuslang H
423	282	Jack HORWITZ	19:49	19:38	Sen	184	Male	335	Glasgow University H&H
424	117	Zoe CHARTERS	19:51	19:41	Sen	55	Female	88	Glasgow University H&H
425	311	Scott KELMAN	19:53	19:47	Sen	185	Male	336	Giffnock North AC
426	18	Eoin ANDERSON	19:53	19:40	V40	62	Male	337	
427	493	Bob NOBLE	19:54	19:47	Sen	186	Male	338	Gala H

428	461	David MOFFAT	19:54	19:45	Sen	187	Male	339	Motherwell AC
429	479	Simon MURRISON	19:54	19:44	V50	27	Male	340	West End RR
430	403	Ian MAXWELL	19:56	19:47	V60	11	Male	341	Gala H
431	654	Mark WEBSTER	19:56	19:45	V50	28	Male	342	PH Racing Club
432	313	Karen KENNEDY	19:56	19:46	V50	5	Female	89	Falkirk Victoria H
433	52	Katie BENNIE	19:58	19:48	U20	13	Female	90	Falkirk Victoria H
434	612	Emma THOMPSON	19:58	19:54	Sen	56	Female	91	Victoria Park City of Glasgow
435	548	Colette REVADILLO	19:58	19:48	Sen	57	Female	92	Corstorphine AAC
436	303	Julia JOHNSTONE	20:00	19:50	V50	6	Female	93	Gala H
437	273	Kenneth HISLOP	20:01	19:50	V40	63	Male	343	Central AC
438	36	Catriona BARK	20:01	19:51	V40	11	Female	94	Giffnock North AC
439	416	Ross MCEACHERN	20:01	19:57	V60	12	Male	344	Cumbernauld AAC
440	483	Christine NEILL	20:03	19:58	Sen	58	Female	95	Law & District AAC
441	54	Murray BERTRAM	20:05	19:56	Sen	188	Male	345	Dundee University AC&XC
442	332	Louisa LAWRIE	20:08	19:59	Sen	59	Female	96	Metro Aberdeen RC
443	407	Eilidh MCCALLUM	20:08	19:57	Sen	60	Female	97	Falkirk Victoria H
444	162	Darren DICK	20:10	19:57	V50	29	Male	346	Linlithgow AC
445	279	Holly HOLMES	20:11	20:01	U20	14	Female	98	Falkirk Victoria H
446	237	Clare GREHAN	20:11	20:03	Sen	61	Female	99	Motherwell AC
447	343	Jamie LITTLE	20:12	20:01	U17	23	Male	347	Garscube H
448	141	Emily CRUSHER	20:13	20:03	Sen	62	Female	100	Corstorphine AAC
449	628	Ruby TUCKER	20:14	20:03	Sen	63	Female	101	Edinburgh University H&H
450	505	Lewis ORR	20:14	20:04	V50	30	Male	348	Edinburgh AC
451	356	Hazel MACCORMICK	20:19	20:10	V40	12	Female	102	Edinburgh AC
452	668	Hannah WILLIAMS	20:20	20:11	Sen	64	Female	103	Edinburgh AC
453	298	Grace JENKINS	20:23	20:12	Sen	65	Female	104	Moray RR
454	243	Malia GROSSER	20:24	20:15	U20	15	Female	105	Glasgow University H&H
455	315	Grant KERR	20:24	20:11	Sen	189	Male	349	Newton RR
456	370	Jenny MACLEAN	20:28	20:16	V50	7	Female	106	Linlithgow AC
457	499	Gerard O'NEIL	20:29	20:19	V50	31	Male	350	East Kilbride AC
458	250	Reece HAMILTON	20:30	20:18	U20	28	Male	351	
459	183	Janet DUNBAR	20:33	20:22	V50	8	Female	107	Edinburgh AC
460	366	Mark MACKENZIE	20:39	20:27	V50	32	Male	352	PH Racing Club
461	69	Iona BREMNER	20:40	20:36	U17	6	Female	108	Harmeny AC
462	330	Andrew LATHAM	20:40	20:31	V60	13	Male	353	Edinburgh AC
463	325	Ilona KRIAUAZAITI	20:41	20:30	V40	13	Female	109	
464	511	Sarah PATERSON	20:43	20:31	V40	14	Female	110	PH Racing Club
465	12	Eric ANDERSON	20:44	20:31	V50	33	Male	354	Ansters Haddies RC
466	174	Beth DOUGLAS	20:45	20:36	Sen	66	Female	111	Metro Aberdeen RC
467	123	Dave CLEMENTS	20:46	20:34	V50	34	Male	355	Edinburgh AC
468	482	Alannah NEFF	20:49	20:37	Sen	67	Female	112	
469	271	Alistair HINDLE	20:54	20:42	V50	35	Male	356	Hunters Bog Trotters
470	142	Rob CRUSHER	20:54	20:43	V60	14	Male	357	Giffnock North AC
471	108	Hilary CARSWELL	20:56	20:45	V50	9	Female	113	Giffnock North AC
472	539	Julie REID	20:56	20:44	V40	15	Female	114	Cambuslang H
473	195	Kenny FAIRFIELD	20:56	20:45	V50	36	Male	358	Carnegie H
474	193	Paul EMERY	20:58	20:44	V40	64	Male	359	Linlithgow AC
475	104	Michael CARLIN	20:59	20:47	V40	65	Male	360	East Kilbride AC
476	137	Gerard CROSER	21:03	20:51	Sen	190	Male	361	East Kilbride AC
477	373	Amy MACLELLAN	21:10	21:02	Sen	68	Female	115	Shettleston H
478	534	Emily RAMSAY	21:11	21:02	V50	10	Female	116	Edinburgh AC
479	637	May VENERUS	21:21	21:11	Sen	69	Female	117	Glasgow University H&H
480	632	Nathan TYLER	21:23	21:09	V40	66	Male	362	
481	166	Karen DOBBIE	21:25	21:16	V50	11	Female	118	Edinburgh AC
482	307	Daryl KAY	21:31	21:20	V40	67	Male	363	
483	344	Graeme LITTLE	21:37	21:22	V50	37	Male	364	Garscube H
484	92	Andrea CAMERON	21:40	21:30	V40	16	Female	119	Lothian RC
485	291	John HYND	21:41	21:29	V60	15	Male	365	Carnegie H
486	280	David HOLMES	21:46	21:33	V50	38	Male	366	
487	409	Ruby MCCLAY	21:47	21:37	U17	7	Female	120	Harmeny AC
488	59	Yoana BOGDANOVA	21:50	21:40	U20	16	Female	121	Harmeny AC
489	44	Jennifer BEATTIE	21:53	21:40	V40	17	Female	122	Law & District AAC
490	100	Allen CAMPBELL	21:58	21:46	V50	39	Male	367	West End RR
491	655	Claire WEIR	22:09	21:54	Sen	70	Female	123	Lothian RC
492	113	Sara CHA	22:12	21:59	Sen	71	Female	124	Dundee RR
493	503	Bernadette ONEIL	22:17	22:04	V50	12	Female	125	Cambuslang H
494	598	Stewart STRATH	22:22	22:08	V50	40	Male	368	Lothian RC
495	506	Karen PAGE	22:42	22:28	V50	13	Female	126	Dunbar RC
496	88	Leanne CALDER	22:52	22:42	V40	18	Female	127	Edinburgh AC
497	469	Dave MORTON	22:54	22:43	V40	68	Male	369	PH Racing Club
498	2	Jayne ADDIE	22:55	22:45	V50	14	Female	128	Metro Aberdeen RC
499	99	Ross CAMPBELL	22:59	22:46	Sen	191	Male	370	Kirkcaldy Wizards

500	678	Gary WOOD	23:00	22:48	V40	69	Male	371	Motherwell AC
501	486	Scott NELSON	23:03	22:47	V50	41	Male	372	Lothian RC
502	622	Paul TOLAND	23:05	22:51	V40	70	Male	373	West End RR
503	667	Rachael WILLIAMS	23:07	22:53	Sen	72	Female	129	East Kilbride AC
504	689	Tracey YATES	23:13	22:59	V50	15	Female	130	East Kilbride AC
505	378	Kenneth MACMAHON	23:23	23:09	V50	42	Male	374	West End RR
506	455	Mark MILLIGAN	23:27	23:14	V50	43	Male	375	Law & District AAC
507	264	Laura HERVAS	23:32	23:18	V40	19	Female	131	East Kilbride AC
508	457	Robert MILTON	23:33	23:21	V60	16	Male	376	PH Racing Club
509	318	Iain KINNEAR	23:37	23:22	V60	17	Male	377	Cambuslang H
510	233	Kirsty GRAY	23:42	23:27	V40	20	Female	132	Lothian RC
511	592	Diane STEWART	23:44	23:28	Sen	73	Female	133	Pitreavie AAC
512	230	Clare GRAHAM	23:52	23:39	V50	16	Female	134	PH Racing Club
513	65	Innes BRACEGIRDLE	23:54	23:39	V70	1	Female	135	Fife AC
514	474	Janet MURRAY	24:00	23:44	V40	21	Female	136	Falkirk Victoria H
515	272	Hannah HISLOP	24:01	23:45	Sen	74	Female	137	Central AC
516	205	Sarah FLEET	24:28	24:17	U20	17	Female	138	Glasgow University H&H
517	229	Debz GRAHAM	24:35	24:20	V50	17	Female	139	Falkirk Victoria H
518	207	Karen FORSYTH	24:48	24:36	V40	22	Female	140	Carnegie H
519	60	Liz BONDI	29:10	28:54	V70	2	Female	141	Lothian RC
520	192	Ammar ELRAYES	36:22	36:08	Sen	192	Male	378	Glasgow University H&H
521	304	Phillip JURCZYK	41:51	41:34	V80	1	Male	379	Lothian RC